



## Research Article

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### **Managing the post-COVID-19 situation under the influence of anxiety levels among teacher education students at the Faculty of Educational Sciences, University of Shkodra**

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#### **Abstract**

The management of the post-COVID-19 situation was accompanied by the influence of various factors, including psychological factors with differing levels of impact. Anxiety, stress levels, symptoms of post-traumatic stress, phobias, and depression are some of the key psychological factors that commonly emerge in response to such a threatening health crisis. In this modest exploratory research study, we aim to assess how the post-COVID-19 situation was managed under the influence of anxiety among a sample of 85 students enrolled in teacher education programs. The findings suggest a generally good level of engagement with vaccination, which does not show a statistically significant correlation with anxiety. The relatively low levels of anxiety reported by the students indicate effective management of the post-COVID-19 period.

**Keywords:** COVID-19, student, anxiety, vaccination.

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