

## Knee sanguine effusions in Sports Trauma (Haemarthrosis)

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### Abstract

The blood collection in the athlete's knee without suffering injuries of the soft tissues represents a dangerous potential to the future of the athlete. The operational and rehabilitative problems mean that the operative phase must have specific attention to have excellent results both for recovery and for good joint functioning. Particular attention must be paid to the hematoma, to decide whether the best solution for the damage is the operation or rehabilitation.

**Keywords:** - Injures- recovery- rehabilitation- solution.

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