

Functioning of mental health patient in Vlora: perceptions of mental health professionals

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Abstract

The aim of the present study is to explore professional's perceptions on mental health patient's functioning, residents both at the mental health hospital and at the family household. The study has an exploratory and descriptive nature. This study was based on semi-structured interviews administered to 40 mental health professionals in Vlora (physicians, nurses, caregivers). In this study, the perspective of Vlora mental health care professionals is seen as important for the continuation of the deinstitutionalization process and the improvement of gaps encountered in the work.

Keywords: mental health, mental health professionals, mental health patients, hospital, family household.

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