

Confidentiality in Mediation

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Abstract

Mediation is a process in which participants in a conflict using a neutral mediator systematically identify problems and ways to solve them, look for alternatives and try to reach a consensus agreement that would be in their interests (Price, 2014). Mediation, first of all, should be understood as a process that allows parties to push the conflict in the direction of its resolution. Mediation is a targeted intervention that can first ease the conflict, then prepare the ground for making informed decisions, and, finally, solve some problem. Even if not all elements of a dispute are resolved, an existing conflict through mediation can be better understood by its participants and transferred to a manageable level. Mediation is ideal for resolving disputable situations that are based on a significant number of problems and imply the continuation of relations between the parties, since it can create an interaction model suitable for resolving future conflicts.

Keywords: confidentiality, mediation.

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