

## A study on internet dependence and its impact on academic performance

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### Abstract

The usage of internet has increased greatly in recent times. This increase is followed by both positive and negative outcomes. One of its negative aspects is internet dependency. The scope of this research is the study of internet dependency and its impact on academic performance. Quantitative research was utilized in this study, while questionnaires were used as the research instrument. The study sample consists of 90 Albanian university students. The data were analyzed with SPSS 20 and JASP-0.8.1.2. The study employed the following statistical analyses: frequency tables, crossed tabulation, Pearson correlation coefficient, regression analysis, Bayesian Pearson Correlation.

The study concluded that time spent on the internet has a positive impact on internet dependence. Internet dependence does not have a significant statistical correlation to academic performance. Another conclusion of the study is that most students nowadays are internet dependent.

**Keywords:** internet dependence, social media dependence, online games dependence, films and music dependence, student's academic performance.

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