

The relationships between anthropometric and motor measurements with 13 years old children

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Abstract

Developmental psychology studies the changes that occur to human body with age, consisting of the human body, the way of thinking, emotions, behaviour, relationships and human behaviours throughout life. Physical development has to do with changes that occur only in the human body (height, weight, changes in different organs of the body etc.). The aim of this research is to conclude the main characteristics of physical and motor development of children aged 13 years old. During the period of growing and development of organism, anthropometric and motor parameters change constantly, so that the whole body is under major adaption and changes, as we have noticed in the Primary and Lower Secondary School "Xhavit Ahmeti" in Hodonoc of Kamenica in the Republic of Kosovo. We implemented a survey with a number of 73 male students. The first measurements were performed in September (autumn measurements), while the second measurements in March (spring measurements). Students who have been subjected to measurement procedures were regular students of the school as well as capable in terms of psychophysical to do all the tasks set out in research.

Keywords: *Anthropometric, motor, height, weight, students.*

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